

REFLECTION ON SUNDAY MASSES

The Sunday Liturgy (*Mass*) is the gathering of the faithful to pray and give praise to God. During the liturgy we hear the Word of God proclaimed; the Celebrant (priest) or deacon shares his thoughts on the Word so that we may take the Word with us as we leave the Church. One way for us to truly live out the Word of God is to spend time reflecting on what these words mean to us.

Suggestions on how to write these reflections:

- ❖ Write the Scripture reference (eg Luke 15:1-5) while in Church so you can refer back to it
- ❖ Write some notes immediately after Mass
- ❖ Discuss what you heard with those who were with you
- ❖ Ask yourself and your family what the Scripture and homily has to do with your life today
- ❖ Write your reflection while it is fresh in your mind

Remember, this is a reflection paper; what you write is what you *feel* the Scripture is saying to YOU at this moment in your life's journey.

NAME:

GRADE:

(This section must be completed)

Date:

Time:

Celebrant (Priest's Name):

Gospel Evangelist (Author):

Citation (Chapter & Verse):

(Listed in Sunday's Bulletin)

Brief Summary of the Gospel:

What does this Gospel mean for you?

How does the Gospel challenge you and your lifestyle?